



TDS Presentation Key Objectives

Every movement needs a spark. For Martin Luther King it was the dream of equality in the racially southern USA. For President Obama it was an extension of King's dream, where a black man could reach the pinnacle and become the first black US president. For TDS it is our presentation. It has become the spark that will start the fire. The TDS presentation was designed for many reasons:

Introduce the life changing journey of Leo Barbe

Leo's story will open the eyes of the audience. It will provide insight into what it takes to be a true survivor.

Introduce Post Traumatic Stress Disorder (PTSD)

As a Survivor of PTSD Leo is able to educate on the mental disorder that affects millions of people everyday. We provide information specific to our youth. Causes, symptoms, disorders caused by PTSD, all in a dynamic, informative presentation. Leo has a great ability to hold the audiences attention. Some key facts:

- 1 in 3 youth suffer from PTSD from community violence.
- 40% of teens have endured a traumatic event resulting in PTSD
- PTSD is the leading cause of most mental disorders effecting our youth



Expose the ripple effects of violence

For many individuals it is hard to understand what violence actually creates, both physically and mentally. Through Leo's story the audience will see and experience how violence will affect more than just the victim and how there are two sides to violence, the shooter and the victim.

Education on how to face your fear

Every individual has a fear that drives them. Find out what Leo's fear is and how he was able to "Slay his Dragon". Leo will educate the audience on how to recognize their fear and face it head on. There are three major ways our fear can affect us:

- 1.** You understand your fear. You face it head on everyday energizing you to be a better and stronger individual.
- 2.** You don't understand your fear, or that you even have one. It silently brings you down every day. Taking you away from your true self, and your true passion.
- 3.** Criminal fear. It brings you down to the edge. Criminals use fear against their victims to take what they are unable to make for themselves.

TDS Presentation 5 Key Objectives (continued)



The TDS Movement

Think Don't Shoot is a grass roots organization that is dedicated to connecting youth with their Emotional Intelligence while educating them on PTSD and the ripple effects of violence. Leo will introduce the audience to Emotional Intelligence and how it will improve their day-to-day lives. Showcasing concepts such as positive self talk and many others will help the audience understand the importance of self respect and self motivation. PTSD is once again highlighted along with a glance into both sides of the gun and the ripple effects of violence. Leo will then introduce the audience to Think Don't Shoot the organization and how it is currently spreading the movement to help inspire strong, independent community leaders.



Positive Change

Positive change can be seen as adjustments made to provide beneficial and progressive alteration to a specific circumstance and all individuals connected, a.k.a. making someone smile. It is just that simple. The TDS presentation shows the audience how in three specific levels: Home, School and Community. The TDS presentation also shows the audience that positive change is something they can achieve on a daily bases while positively changing their own lives in the process.

Think Don't Shoot is looking for your support.

The TDS presentation fee is **\$350** per session. Each session includes:

- Leo Barbe's life-changing journey and TDS presentation 5 key objectives
- TDS Teacher Package – Is an easy to follow class discussion template that highlights one of the hidden fundamental topics from the Think Don't Shoot Presentation, Positive Change. It provides teachers with step by step instructions on how to expand on positive change through three specific systems (i.e. Home, School, and Community) with an interactive approach.
- TDS t-shirt and poster giveaway
- One-on-one or group discussions
- One-on-one or group mentorships